

**Calderdale Bladder & Bowel Service**

**(Adults & Children)**

The Bladder and Bowel Service is a confidential specialist nurse led team that cares for children aged 5+ and adults in Calderdale

Our aim is to provide professional advice, support and information on:

Recurrent urinary infections

Complex catheter issues

Bladder retraining

Pelvic floor muscle exercises

Chronic constipation

Chronic diarrhoea

Bowel management

Bladder or bowel leakage

Enuresis (bedwetting)

We offer proactive care in a sensitive and dignified manner.

Referrals to our service are taken from GPs, Consultants, Health Professionals, Home Care Staff and Self Referrals are also accepted.

We hold clinics at:

Beechwood Community Health Centre, Halifax,

Todmorden Health Centre, Todmorden

We also offer home visits for anyone who is housebound.

What will happen at your appointment

A discussion of your problems will take place with the specialist nurse

A urine test

A bladder scan

An examination for adults (vaginal and/or rectal)

Following this a diagnosis will be made and treatment options will be discussed with you.

Bladder and Bowel problems are common and affect women and men of all ages in the UK, it is estimated that 14 million people will suffer with bladder problems and 6.5 million will suffer with bowel problems.

Please be aware that we are not an emergency service and the answer phone may take your call if we are busy with other patients. Leave a message with your contact number and someone will contact you.

Our service is open Monday – Friday (except bank holidays)

Calderdale Bladder & Bowel Service

Beechwood Community Health Centre

60B Keighley Road

Halifax

HX2 8AL

Tel: 01422 252086

The following is information about companies who supply items which you can purchase to help with incontinence such as:

Disposable and washable bedding protection

Mattress, quilt and pillow covers

Chair pads

Swimwear

Incontinence pads

We cannot list all the companies that supply continence aids, you can find more if you have access to the internet.

**Please note we do not have an affiliation with or recommend any of the companies listed; the choice is on an individual basis**

Please contact the company directly and they will be happy to answer any queries or send you a catalogue showing the range of items you can purchase.

Allanda – [www.allaboutincontinence.co.uk](http://www.allaboutincontinence.co.uk)

0800 999 5565

Age Uk – [www.ageukincontinence.co.uk](http://www.ageukincontinence.co.uk)

0800 046 1501

Complete care shop – [www.completecareshop.co.uk](http://www.completecareshop.co.uk)

0330 160 000

Hartmann – [www.hartmanndirect.co.uk](http://www.hartmanndirect.co.uk)

0800 028 9470

Healthcare.co.uk – [www.healthcare.co.uk](http://www.healthcare.co.uk)

0800 0248 520

KylieKanga – [www.kyliekanga.co.uk](http://www.kyliekanga.co.uk)

0115 9786 111

Incontinence UK – [www.incontinenceuk.co.uk](http://www.incontinenceuk.co.uk)

0800 068 3625

Respond – [www.respond.co.uk](http://www.respond.co.uk)

0800 220 300

Incywincy – [www.incywincy.net](http://www.incywincy.net)

0844 875 4645

Most supermarkets and chemists also sell incontinence products