



**Safeguarding Week 2020**

**Programme**

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**Safeguarding Week Programme: 22nd June to 28th June 2020**

Safeguarding is just as important, if not more so, during the COVID-19 outbreak. Lockdown and social distancing have potentially increased the risk of harm to vulnerable people, made signs of abuse less visible, and practitioners have had to find different ways to communicate and safeguard people.

The Safeguarding Children Partnership, Safeguarding Adult Board and Community Safety Partnership in Calderdale present this **virtual alternative for Safeguarding Week 2020** to raise awareness about abuse, neglect & harm which offers new opportunities for learning.

The **Safeguarding Week 2020** **Programme** provides a varied offer that includes online learning sessions, live chats, podcasts, research reports, academic articles, resources, useful links and videos aimed at practitioners, managers and members of the public.

Statutory and voluntary sector organisations from Calderdale have produced these brilliant resources, and we have also included links to some fabulous resources from experts in other regions. The programme has daily themes based on safeguarding priorities for Calderdale:

* **Monday**:  Kindness; Safeguarding is everyone’s responsibility
* **Tuesday**:  Domestic Abuse and impact on children; Peer on peer abuse; Controlling and Coercive Behaviour; Reducing Parental Conflict
* **Wednesday**:  Adverse Childhood Experiences (ACE’s); Transitions in Safeguarding
* **Thursday**:  Online Safety; Scams and Exploitation
* **Friday**: Resilience; Promoting Emotional Health and Well-being

These will be available on the dedicated page on the Calderdale Safeguarding website <https://safeguarding.calderdale.gov.uk/>. **Please note: these resources will only be available between the 22nd and 28th June 2020.** See the content of this programme for details and links.

If you have any questions about Safeguarding Week 2020, please contact: Allison Waddell – [Allison.Waddell@Calderdale.gov.uk](mailto:Allison.Waddell@Calderdale.gov.uk) or Sophie Boyles – [Sophie.Boyles@Calderdale.gov.uk](mailto:Sophie.Boyles@Calderdale.gov.uk).

Thank you for taking part in Safeguarding Week 2020, and for safeguarding children and adults in Calderdale. 

Julia Caldwell, Safeguarding Partnerships Manager, SAB & CSCP

**Safeguarding is everyone’s business, never more so than during COVID-19.**

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| **Monday – Safeguarding is Everyone’s Responsibility; Kindness** | | | |
| **Live Events/Webinars/Videos** | | | |
| **Key Message** | **What is it?** | | **How to access** |
| Dimensions of Difference | Leoni Craigie (WFD) presents a pre-recorded video of an explanation of the Social GGRRAAACCEEESSS, fundamental to the systemic approach, followed by a live Q and A session  14:00 to 14:30 | | Join Zoom Meeting at 14:00 using this link (no need to download Zoom) <https://us02web.zoom.us/j/89932313098>  Meeting ID: 899 3231 3098  Password: Difference |
| Family Group Conference: A child’s perspective | Short video explaining the Family Group Conference and the benefit of this model | | [Link to video](https://www.youtube.com/watch?v=P8Zc8QiJV7Y&feature=youtu.be) |
| Information Sharing and Consent (Safeguarding Adults) | One in a series of pre-recorded safeguarding adults training webinars on different subjects. Sign up to SCIE for free. | | Link to [Pre-recorded webinar](https://www.scie.org.uk/care-providers/coronavirus-covid-19/virtual-courses/safeguarding-adults-training-webinar-series?utm_campaign=11568924_SCIELine%2028%20May&utm_medium=email&utm_source=SOCIAL%20CARE%20INSTITUTE%20FOR%20EXCELLENCE%20&utm_sfid=003G000002JtwtQIAR&utm_role=Educator%2F%20Trainer&dm_i=4O5,6VYN0,KSTE7N,RNP7I,1)s |
| Making Safeguarding Personal | Steven’s story (Safeguarding stories) addresses issues of: Making Safeguarding Personal; Vulnerable Adult; Neglect; Adult Safeguarding | | [Link to Video](https://realsafeguardingstories.com/story/stevens-story-making-safeguarding-personal-for-a-vulnerable-adult/) |
| Message from Helen Madden (WYP) – Police Lead for Partnerships and Early Action in Calderdale | Short video which notes importance of partnership working and recent developments in local policing. | | [Link to Video](https://youtu.be/zZ-G9kuah9c) |
| Poverty, Child Abuse and Neglect: Interrogating a ‘neglected’ relationship. | Keynote speech by Brid Featherstone (University of Huddersfield) at Leeds SCP conference | | [Link to Video](https://youtu.be/QLNNDS9xebo) |
| Working Together in challenging times (change, challenge and innovation) | Short keynote speech by Professor Nick Frost (Calderdale Safeguarding Children Partnership Independent Scrutineer) | | [Link to Video](https://www.youtube.com/watch?v=qo6V8glTMR4) |
| The invisible voice of children under two | One of a number of Learning Podcasts produced by the NSPCC | | [Link to Webpage](https://learning.nspcc.org.uk/news/2020/march/podcast-infants-and-child-development) and podcast |
| **Information and Resources** | | | |
| **Key Message** | **What is it?** | | **How to access** |
| Adult Safeguarding Practice Questions | Document including Q&A covering a range of questions e.g. Is self-neglect a safeguarding issue? When does poor care become a safeguarding issue? | | [Link to Webpage](https://www.scie.org.uk/safeguarding/adults/practice/questions) |
| Everyone Has a Right to Feel Safe: Speak up about the unspeakable | Easy Read powerpoint presentation explaining adult safeguarding | | [Link to powerpoint](https://safeguarding.calderdale.gov.uk/wp-content/uploads/2019/01/Adult-Abuse-PowerPoint-Easy-Read.pptx) presentation |
| Launch of the Harmful Sexual Behaviour Panel | Leaflet which explains the purpose of this new hub in Calderdale and how to refer | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Making Safeguarding Personal | Provides a range of resources which aim to support organisations to develop an outcomes focus to safeguarding work, and a range of responses to support people to improve or resolve their circumstances. | | [Link to Website](https://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/making-safeguarding-personal) |
| MCA in practice | Covers: assessing capacity; decision-making; best interests; care planning; representing the person | | [Link to Website](https://www.scie.org.uk/mca/practice) |
| Mental Capacity Act (MCA) training webinar series | A series of live and pre-recorded webinars. Registration is free | | [Link to Webpage](https://www.scie.org.uk/care-providers/coronavirus-covid-19/virtual-courses/mca-training-webinar-series?utm_campaign=11604700_SCIELine%2011%20June&utm_medium=email&utm_source=SOCIAL%20CARE%20INSTITUTE%20FOR%20EXCELLENCE%20&utm_sfid=003G000002JtwtQIAR&utm_role=Educator%2F%20Trainer&dm_i=4O5,6WQ8S,KSTE7N,RRFPQ,1) |
| Practice guidance: A relational approach | Describes how to work with families and young people using the 3 R’s - a relational and reflective approach | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Safeguarding Adults | Information on various aspects of safeguarding aimed at members of the public | | [Link to webpage](https://safeguarding.calderdale.gov.uk/adults/) |
| Safeguarding children and families during the Covid-19 crisis | Article covering Risk Factors; Abuse and Harm; Strengths-based practice; Reduction in services; Taking action and What you can do to help. | | [Link to Webpage](https://www.scie.org.uk/care-providers/coronavirus-covid-19/safeguarding/children?utm_campaign=11568924_SCIELine%2028%20May&utm_medium=email&utm_source=SOCIAL%20CARE%20INSTITUTE%20FOR%20EXCELLENCE%20&utm_sfid=003G000002JtwtQIAR&utm_role=Educator%2F%20Trainer&dm_i=4O5,6VYN0,KSTE7N,RNP7I,1) |
| Safeguarding is Everyone’s Business | Useful handbook covering all aspects of Safeguarding | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Safeguarding Supervision | 7 minute briefing | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| The lived experience of the child | 7 minute briefing | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Understanding the daily lived experience of child/adult | Guide to the importance of understanding a ‘Day in the Life’ of a vulnerable child or adult and how to facilitate the conversation | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| You Can Save Me | Poster produced by The Children’s Society and NPCC to promote everyone’s role in safeguarding | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| **Tuesday - Domestic Abuse; Impact on children; Peer on peer abuse; Controlling and Coercive Behaviour; Reducing Parental Conflict (RPC)** | | | |
| **Live Events/Webinars/Videos** | | | |
| **Key Message** | **What is it?** | | **How to access** |
| A chilling and revealing lockdown short film | *Surfaces -* A brutal yet ultimately hopeful portrayal of loss, coercion, and domestic violence | | [Link to Video](https://www.refuge.org.uk/surfaces/) |
| Building relationship skills | One plus one relationships charity website provides a range of information for practitioners and parents including video’s, activities, access to Click - a mobile-friendly platform for individuals, families and couples. | | [Link to Website](https://www.oneplusone.org.uk/) |
| Coercive control | Michael’s story (Safeguarding stories) addresses issues of: Coercive Control; Emotional Abuse; Financial Abuse; Male Victim | | [Link to Video](https://realsafeguardingstories.com/story/michaels-story-coercive-control/) |
| Cyber Security Awareness – Addressing Risk & Reducing Vulnerabilities   * Current Cyber Security Threats, * Advice on how to mitigate those threats, Identifying risk in young people, * Early intervention and resources available to promote positive learning.   A one hour webinar session starting at 9.00am | Interactive training video by DC Rob Cowgill and DC Neil Marshall (Force Protect Delivery Officer for West Yorkshire Police). Contact [rc25@westyorkshire.pnn.police.uk](mailto:rc25@westyorkshire.pnn.police.uk) to express your interest by 19th June | | Interactive video |
| Domestic Abuse – In Your Hands | Aimed at potential perpetrators of domestic abuse, this webpage provides information, including details of relevant support organisations, short videos and posters | | [Link to Website](https://www.westyorkshire.police.uk/InYourHands) |
| Domestic Abuse Affects Your Children Too | This webpage includes short videos presented by a number of academics and specialists, leaflets, contact details if concerned about domestic abuse | | [Link to webpage](https://www.westyorkshire.police.uk/advice/abuse-anti-social-behaviour/domestic-abuse/domestic-abuse-affects-your-children-too/domestic-abuse-affects-your-children-too) |
| Domestic Violence Disclosure Scheme - Clare’s Law | Details about the campaign, includes how to make a request, posters, booklet, video’s, data. | | [Link to webpage](https://www.westyorkshire.police.uk/ClaresLaw) |
| Forced Marriage | Includes definition of forced marriage, a range of informative and powerful posters, short videos by Police and Crime Commissioner Mark Burns-Williamson, The Home Office, ChildLine, West Yorkshire Imam and relevant contact details. | | [Link to website](https://www.westyorkshire.police.uk/forcedmarriage) |
| Impact of Domestic Abuse on Children | 20 minute video that explains how a child’s development is affected by adverse experiences, focusing on domestic abuse | | [Link to Video](https://towerhamlets.app.box.com/s/n44252hkuw9anay9rpbr8ko9xicnz25z) |
| Reducing Parental Conflict | Relationship Matters website explains what parental conflict is and how to avoid; includes videos and how to get help | | [Link to Website](https://relationshipmatters.org.uk/); |
| Reducing Parental Conflict – Impact on children | See it Differently website provides a direct link to a helpline and videos that explain how parental conflict impacts on children and alternative ways to manage conflict | | [Link to Website](https://www.seeitdifferently.org/) |
| Responding to Domestic Abuse notifications – aimed at Schools Designated Safeguarding Leads | Interactive training video presented by Steve Barnes (Schools Safeguarding Advisor) and Lynn Walsh (Staying Safe). | | Live Training Session – Request a place via the [CSAB/CSCP training platform](https://calderdalescb.vctms.co.uk/) |
| The importance of reporting Domestic Abuse –  Tell someone before it’s too late | This webpage provides information, details of relevant contacts, posters and a short video | | [Link to Website](https://www.westyorkshire.police.uk/ReportDomesticAbuse) |
| West Yorkshire Police Domestic Abuse | The page provides definitions, short videos, useful contacts and sources of help | | [Link to Website](https://www.westyorkshire.police.uk/advice/abuse-anti-social-behaviour/domestic-abuse/domestic-abuse/domestic-abuse) |
| **Information and Resources** | | | |
| **Key Message** | | **What is it?** | **How to access** |
| Caring Dad’s – Evaluation of the Caring Dad’s Project, Family Intervention Team | | Extract from the main evaluation report with case studies. | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Covid-19 and Domestic Abuse | | Powerpoint presentation highlighting increased risk of Domestic Abuse during the Covid-19 outbreak | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Domestic abuse and older people | | Signpost to Action on Elder Abuse | [Link to Website](https://www.thenationalcareline.org/AccessingHelp/ActionOnElderAbuse) |
| Early Years domestic abuse process flowchart and Early Years domestic abuse guide | | Electronic documents | Email – [QISO@calderdale.gov.uk](mailto:QISO@calderdale.gov.uk) |
| Learning from local Domestic Homicide Reviews | | Summary document based on the findings of recent DHR’s conducted in West Yorkshire | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Recognising and Responding to Domestic Violence and Abuse | | Guide aimed at Social Workers but relevant for all professionals | [Link to PDF](https://www.scie.org.uk/files/safeguarding/adults/prevention/Recognising-and-responding-to-domestic-violence-and-abuse.pdf) |
| Reducing Parental Conflict E-Learning | | Access to a suite of 4 E-Learning modules: Understanding parental conflict and its impact on child outcomes; Recognising and supporting parents in parental conflict; Working with parents in parental conflict; The role of Supervisors and Managers | E-mail [Allison.waddell@calderdale.gov.uk](mailto:Allison.waddell@calderdale.gov.uk) to request access to the e-learning. Please note, this is a limited offer and is not currently available via the CSAB/CSCP training programme. |
| WY Police Response officers will be focusing on Domestic Abuse arrests throughout the week. | | | |

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| **Wednesday – Adverse Childhood Experiences (ACE’s); Transitions** | | |
| **Live Events/Webinars/Videos** | | |
| **Key Message** | **What is it?** | **How to access** |
| ACE’s presentation | What are they? What are the next steps? | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| How childhood trauma affects health across a lifetime | Short, informative video which explains importance of identifying and addressing ACE’s to promote long-term physical and mental health | [Link to TED talk](https://www.youtube.com/watch?v=95ovIJ3dsNk) |
| Impact of Domestic Abuse on Children (explains ACE’s) |  | [Link to video](https://towerhamlets.app.box.com/s/n44252hkuw9anay9rpbr8ko9xicnz25z) |
| Adverse Childhood Experiences (ACE’s) | Short animation which explains ACE’s | [Link to animation](https://www.youtube.com/watch?v=XHgLYI9KZ-A) |
| Childhood Trauma (for Wakefield Safeguarding Week) | Presentation by Catherine Knibbs | [Link to video](https://www.youtube.com/watch?v=JLbtwMJO7yE&feature=youtu.be) |
| **Information and Resources** | | |
| **Key Message** | **What is it?** | **How to access** |
| Addressing childhood adversity and trauma | Explains ACE’s, prevalence and what helps to prevent/overcome adversity | Link to [Infographic](https://youngminds.org.uk/media/2141/ym-addressing-adversity-infographic-poster-web.pdf) |
| Childhood adversity , substance misuse and young people’s mental health | Expert briefing providing a deeper  understanding of childhood adversity and  young people’s use of substance. It suggests ways of making local services trauma-informed, and better able to meet the mental health needs relating to substance misuse | [Link to document](https://youngminds.org.uk/media/1547/ym-addaction-briefing.pdf) |
| Early Years Transitions | Summary Documents | Email – [QISO@calderdale.gov.uk](mailto:QISO@calderdale.gov.uk) |
| Mind the Gap: Transitional safeguarding – adolescence to adulthood | Strategic Briefing focusing on the challenges for children’s and adults’ workforce relating to sexual exploitation, gangs and violent crime - including domestic violence and abuse, modern slavery and trafficking | [Link to download document](https://www.researchinpractice.org.uk/all/publications/2018/august/transitional-safeguarding-adolescence-to-adulthood-strategic-briefing-2018/) |
| The Care Act: Transition from childhood to adulthood | Resources to help local authority staff, social workers, young people and carers to plan for the transition to adult care services | [Link to webpage](https://www.scie.org.uk/care-act-2014/transition-from-childhood-to-adulthood/) |
| The mysterious workings of the adolescent brain | Sarah-Jayne Blakemore explains how typically "teenage" behaviour is caused by the growing and developing brain | [Link to Website](https://www.ted.com/talks/sarah_jayne_blakemore_the_mysterious_workings_of_the_adolescent_brain?language=en) |
| Transition from children’s to adults’ services for young people using health or social care services | Aimed at a variety of practitioners and services, this guidance includes recommendations on:  •overarching principles for good transition  •planning transition  •support before and after transfer  •the supporting infrastructure for transition | [Link to webpage](https://www.nice.org.uk/guidance/ng43) |
| Transition from children’s to adults’ services: Quality standards | This standard covers the period before, during and after a young person moves from children's to adults' services in all settings where transitions from children’s to adults’ health or social care services take place. It covers all young people (aged up to 25). | [Link to webpage](https://www.nice.org.uk/guidance/qs140) |
| Transition into adulthood | Advice and support for Young People with Learning Disabilities transitioning into adult services. | [Link to webpage](https://www.mencap.org.uk/advice-and-support/children-and-young-people/transition-adult-services) |
| Transition to adult services factsheet | Advice for parents and carers of children with life-limiting or life-threatening conditions who are living into adulthood, often with complex and unpredictable health needs. | [Link to document](https://www.togetherforshortlives.org.uk/get-support/supporting-you/family-resources/transition/) |
| **Thursday – Online Safety; Scams and Exploitation** | | |
| **Live Events/Webinars/Videos** | | |
| **Key Message** | **What is it?** | **How to access** |
| Child Sexual Exploitation and Grooming | Jake’s story (Safeguarding Stories) addresses issues of:  Child Sexual Exploitation;  Grooming;  Night Time Economy;  Male Grooming | [Link to video](https://realsafeguardingstories.com/story/jakes-story-child-sexual-exploitation-and-grooming/) |
| Contextual Safeguarding Network | This website brings together practitioners, researchers and policy makers who are committed to protecting young people from harm outside of the home. The network is free to join and gives access to resources, tutorials, videos and briefings. | Link to website, [resources](https://csnetwork.org.uk/), [articles,](https://www.beds.ac.uk/ic/publications/) [videos](https://www.beds.ac.uk/ic/films/)  [Films for young people, professionals, policy makers](https://www.beds.ac.uk/ic/recently-completed-projects/four-films-on-gang-associated-sexual-violence-and-exploitation) |
| Child Sexual Exploitation ‘Know the Signs’ resources | Includes awareness raising materials from ‘Know the Signs’ campaign - videos, posters, radio advert, leaflets etc, useful contacts | [Link to website](https://www.westyorkshire.police.uk/advice/child-protection/child-sexual-exploitation/child-sexual-exploitation) |
| County Lines Awareness | Online Video Presentation by Amy Morris, Modern Slavery Training and Partnerships (West Yorkshire Police) | [Link to video](https://www.youtube.com/watch?v=Cz_XTqNJjZw) |
| Cyber Security Awareness – Addressing Risk & Reducing Vulnerabilities   * Current Cyber Security Threats, * Advice on how to mitigate those threats, Identifying risk in young people, * Early intervention and resources available to promote positive learning.   A one hour webinar session starting at 9.00am | Interactive training video by DC Rob Cowgill and DC Neil Marshall (Force Protect Delivery Officer for West Yorkshire Police). Contact [rc25@westyorkshire.pnn.police.uk](mailto:rc25@westyorkshire.pnn.police.uk) to express your interest by 19th June | Interactive video |
| How to avoid online abuse | Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline. Resources are available for children of different ages, parents/carers and practitioners | [Link to case studies, videos](https://www.thinkuknow.co.uk/professionals/resources/) |
| How to report scams | Friends Against Scams aims to protect and prevent people from becoming victims against scams. It includes a link to free online training. | [Link to Friends Against Scams website](https://www.friendsagainstscams.org.uk/)  [Link to Citizen’s Advice website](https://www.citizensadvice.org.uk/consumer/scams/reporting-a-scam/) |
| Online Extremism Explained – approved by the DFE and shared with Prevent Education Officers | This is a short, informative presentation that explains various terms and demystifies online extremism. Once you have accessed the site, use the password **Password** to watch the video. | [Link to video](https://vimeo.com/408346313) |
| Sponsor a Child Trafficker and  Don't Be Fooled - Money Mules | Links to 2 very powerful videos and supporting text aimed at students warning of falling into the trap of money laundering by the lure of easy money | [Link to webpage](https://www.westyorkshire.police.uk/advice/fraud-and-financial-crime/fraud-and-financial-crime/money-mules-also-known-squaring) |
| Top tips for staying safe on-line by young people for young people | Podcasts and posters | [Link to Website](http://www.phoenixfm.co.uk/internet-safety---top-ten-online-safety-tips) |
| 7 facts you need to know about Child Exploitation | Myth busting facts and a short video which describes stages of how children and young people are exploited | [Link to webpage](https://www.childrenssociety.org.uk/news-and-blogs/our-blog/7-facts-you-need-to-know-about-child-exploitation) |
| Youth homelessness, prevention and safeguarding young people aged 16/17: A housing perspective  10am to 12pm | Q and A session with Haydon Coventry, Team Leader, Calderdale Housing and Green Economy | Contact Haydon [Haydon.Coventry@calderdale.gov.uk](mailto:Haydon.Coventry@calderdale.gov.uk) to access this session |
| **Information and Resources** | | |
| **Key Message** | **Methods** | **Delivery** |
| Awareness of range of scams – Beware of Covid-19 scams | National Trading Standards is responsible for gathering important intelligence from around the country to combat rogue traders and tackle a number of priorities. This webpage provides information that is relevant to the current situation. | [Link to website](https://www.nationaltradingstandards.uk/news/beware-of-covid19-scams/) |
| Contextual Safeguarding | 7 minute briefing | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Contextual Safeguarding – LGBTQ | Fact sheet and resources on how to best respond to the needs of LGBTQ young people | [Link to website](https://www.ineqe.com/2020/06/10/pridepack/?utm_medium=email&_hsmi=89280962&_hsenc=p2ANqtz-8w4mUBI0w652c3i8ihSEtK5NTgWUOlCOx_2445SwggVCeXDQCGNnaXhgbdJSNcyNM3O6AQQzhNMojvZTa0Psz3Wwb8NX8ZS8_Nq0xVBkR233Szvbs&utm_content=89280962&utm_source=hs_email) |
| Digital Safety during Covid-19: Safeguarding from harmful influences on-line | Guidance for parents and carers (includes exploitation, radicalisation and local contact details) | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| How to report online abuse | Provides a range of information about keeping yourself or a child you know safe from child sexual exploitation | [Link to website](https://www.ceop.police.uk/safety-centre/) |
| Know your rights: Report, complain, campaign  How to stop abuse | Aimed at adults, this informative website explains what is online abuse and harassment and what be done to stop it | [Link to website](https://www.stoponlineabuse.org.uk/taking-action) |
| Online Safety – Information provided by Calderdale Council | Describes indicators, how to access support and links to resources | [Link to website](https://www.calderdale.gov.uk/v2/residents/community-and-living/crime-prevention-and-community-safety/prevent/online-safety) |
| Raising awareness of sending pictures online | Signpost to ThinkUKnow resources | [Resources aimed at 12-14 year olds](https://www.thinkuknow.co.uk/professionals/resources/send-me-a-pic?utm_source=Thinkuknow&utm_campaign=f2ab242cab-SMAP_launch_email_04_06_20&utm_medium=email&utm_term=0_0b54505554-f2ab242cab-55244689) |

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| **Friday – Promoting Resilience; Promoting Emotional Health and Well-being** | | |
| **Live Events/Webinars/Videos** | | |
| **Key Message** | **What is it?** | **How to access** |
| Early Years Emotional Health and Wellbeing Audit Tool  10.30 – 11.30am | Introductory Session via Zoom and e-mail | Email [QISO@calderdale.gov.uk](mailto:QISO@calderdale.gov.uk) to book a place |
| Healthy Minds promotional video | Details of services available and how to access | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Noah's Ark Centre's Therapeutic Play and CPD Discussion Videos | ‘Therapeutic Play: Watch this, Take part and Have a Go’ videos are aimed at engaging Early Years and Primary aged children in play and creativity that is therapeutic and supports social and emotional development;  ‘Therapeutic Play: Activities and Techniques for Parents/Carers and Educational Staff to put in their Toolbox’; and ‘Responsive CPD for School Staff in Calderdaleon themes ofLoss, Change, Uncertainty and Growth’ are recorded discussion videos targeted at professionals and school staff working with children and young people and responding to current themes and issues | Link to [Therapeutic Play: Watch this, Take part and Have a Go](http://www.noahsarkcentre.org.uk/therapy-takepart.html)  Link to [Therapeutic Play: Activities and Techniques for Parents/Carers and Educational Staff to put in their Toolbox](http://www.noahsarkcentre.org.uk/therapy-activities.html)  Link to [Responsive CPD for School Staff in Calderdale](http://www.noahsarkcentre.org.uk/training-workshops.html) |
| Substance Misuse and Young People during the Covid-19 lockdown. Amy Taylor and Kris Halstead (Branching Out) will host a live drop-in session at 11am | Branching Out are offering a ZOOM session for professionals to discuss any Substance Misuse issues related to COVID and find out how they have been working with young people during this time | The link to Branching Out Face Book page  <https://www.facebook.com/Branching.Out.Humankind>  Sign in for the Zoom Meeting  <https://zoom.us/j/91654208890>  Meeting ID: 916 5420 8890  Password: 898208 |
| **Information and Resources** | | |
| **Key Message** | **What is it?** | **How to access** |
| Addressing Adversity: Prioritising adversity and trauma-informed care for children and young people in England | Comprehensive guide to addressing adversity and examples from practice | [Link to document](https://youngminds.org.uk/media/2142/ym-addressing-adversity-book-web.pdf) |
| Addressing childhood adversity and trauma | Infograph/poster | [Link to Infographic](https://youngminds.org.uk/media/2141/ym-addressing-adversity-infographic-poster-web.pdf) |
| Calderdale Mental Health Crisis Card | Produced in response to the death of a very young child by suicide and as part of the work in Calderdale to reduce suicides.  The contact sheet folds up into a handy pocket-sized card with information about a broad range of key services and support in Calderdale that can help an adult or child in a mental health emergency. | [Link to Crisis Card](https://safeguarding.calderdale.gov.uk/wp-content/uploads/2019/11/mental-health-card.pdf) |
| Calderdale’s Emotional Health and Wellbeing Service offer to children and young people | Summary guide to a range of organisations that are currently providing emotional health and wellbeing support to children and young people | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| ChatHealth briefing sheet | Overview of the secure and confidential text messaging service for young people which allows them to easily and anonymously get in touch with a healthcare professional for advice and support. | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| COVID-19 health and wellbeing resources for families | This guide brings together information and resources for families. | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Developing Emotional Resilience and Wellbeing:  a practical guide for social workers (both children and adults)  (this guide is useful to any professional or volunteer working with children, adults or families) | This guide looks at developing emotional resilience and wellbeing. It’s a comprehensive guide, based on what research says supports resilience in social workers but equally relevant to all practitioners and is full of information and ideas to use in your practice. | [Link to report](https://markallenassets.blob.core.windows.net/communitycare/2020/04/Community-Care-Inform-emotional-resilience-guide.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=11474004_NEWSL_HMP%202020-04-17&dm_i=21A8,6TXEC,FLWQCU,RDIKE,1) |
| Drug and Alcohol Intervention during COVID-19: a Harm Reduction Approach | This paper will briefly outline how Calderdale Recovery Steps have managed the needs of complex clients during the COVID-19 pandemic | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Kooth | Aimed at children and people, this website includes Magazine - helpful articles, personal experiences and tips; Discussion Boards -  Conversation with Kooth community; Message or live chat with the team; Daily Journal – to  track feelings or emotions etc. | [Link to Website](https://www.kooth.com/) |
| NHS Every Mind Matters | A new campaign from Public Health to support people to manage their mental wellbeing during this difficult time, using self-care resources. | [Link to Website](https://www.nhs.uk/oneyou/every-mind-matters/) |
| Open Minds | Website which provides: advice, information, support and signposting on local and national emotional health and well-being services that help children, young people and families going through a difficult time | [Link to Website](http://www.openmindscalderdale.org.uk/) |
| Safespace | Safespace is now available every evening from 6.30 – 10.30pm. The last call taken will be at 10pm. Staff will take some brief details and arrange a call back at an agreed time. | Call 01422 345154 or contact by Facebook (Safespace Calderdale) or email [safespace@healthymindscalderdale.co.uk](mailto:safespace@healthymindscalderdale.co.uk) |
| The Resilient Classroom: A Resource Pack for Tutor Groups and Pastoral School Staff | Aimed at school staff but useful for any practitioner, the activities are based on the Resilience Framework, developed by Professor Angie Hart et al to help children cope with day-to-day situations where they need to develop more resilience. | [Link to resource](https://youngminds.org.uk/media/1463/the_resilient_classroom-2016.pdf) pack |

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| **Other Resources** | | | |
| **Key Message** | **What is it?** | | **How to access** |
| Burns, bruises and scalds | 7 minute briefing | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Female Genital Mutilation (FGM) | Briefing explaining what FGM is, indicators, legislation and mandatory reporting factsheet, what to do if concerned, links to other websites | | [Link to website](https://www.westyorkshire.police.uk/advice/child-protection/female-genital-mutilation/female-genital-mutilation) |
| Knife Crime | Short knife crime awareness film is about a young lad called "Sean" who makes a life changing decision just to impress his school mates and 'fit in' | | [Link to website](https://www.youtube.com/watch?v=6w93L24A6Ws) |
| Safe Sleeping | 7 minute briefing | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Safeguarding posters | Posters | | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) |
| Serious Sexual Assaults | Includes poster, consent – cup of tea analogy video, reporting a sexual assault, contact details | | [Link to website](https://www.westyorkshire.police.uk/staysafe) |
| West Yorkshire Police Neighbourhood Police Team and Community Support Officers  . | Officers will be at open air stands e.g. Supermarkets to provide information throughout the week on domestic abuse, controlling behaviour and will be in local areas distributing relevant information about scams and to raise awareness about safeguarding is everyone’s business. | | |
| What is abuse and Neglect? And What to do if concerned? | Postcards | [Link to CSAB/CSCP](https://safeguarding.calderdale.gov.uk/awareness-week/) | |
| What’s on offer in Bradford during Safeguarding Week? | Bradford Safeguarding Week programme | [Link to Website](https://www.saferbradford.co.uk/news/safeguarding-week-2020/) | |
| What’s on offer in Kirklees during Safeguarding Week? | Kirklees Safeguarding Week programme | [Link to Website](https://www.kirkleessafeguardingchildren.co.uk/home/safeguarding-week-2020/) | |
| What’s on offer in Leeds during Safeguarding Week? | Leeds Safeguarding Week programme | [Link to Website](https://www.leedsscp.org.uk/Safeguardingweek2020) | |
| What’s on offer in Wakefield during Safeguarding Week? | Wakefield Safeguarding Week programme | [Link to programme](https://www.wakefieldscp.org.uk/getfile/safeguarding-week-whats-on-starting-22nd-june-2020) | |