



## **TRANSITION SUPPORT SERVICE Criteria**

TSS is a project offering low level intensity support to young people in Calderdale who may

need longer term, wraparound support for their emotional health and wellbeing.

- The main age focus is 16-25,

- We offer support to YP who may be transitioning from other services or who do not meet criteria for support through services such as CAMHS. They can also self-refer, or be referred by family members, criminal justice, care leaver pathways etc. This support is offered through 1;1 wellbeing or therapeutic sessions, check- ins, holistic approaches, workshops and wellbeing activities.

- As we offer low level intensity support we cannot accept YP who have had:

- Recent suicide attempt(s) (Particularly in last 3-6 months).

- Recent high risk suicidal ideation (SI); Little/no protective factors, plan in place, diagnosed mental health condition etc.

- If YP has had recent SI, but with no plan or intent it would be advisable to contact

TSS to discuss protective factors and whether we feel we would be able to offer the appropriate level of support.

- Recent significant trauma such as sexual assault.

- Recent history of aggression/violence: i.e. assault, violence towards animals, throwing objects etc.

- We do support YPs who have or are currently self harming. However, as we offer low intensity support we can only support YPs whose self harm is considered low risk i.e skin picking, superficial cuts etc. If a YP's self harming has escalated recently we would invite a conversation to assess the level of risk before accepting referral.