

These three FREE webinars have been designed to help NHS frontline staff and IAPT professionals, focusing on mental wellbeing in light of COVID-19. You can join these webinars LIVE or each one will be downloadable once they have taken place.

Managing Burnout Webinar for NHS Frontline Staff

Tuesday 7th April 2020, 7pm - 8pm LIVE webinar

[View further information](#)

[Register now](#)

Staff Wellbeing Webinar: IAPT Service Support During COVID-19

Thursday 16th April 2020, 2pm - 3pm LIVE webinar

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[Register now](#)

Physical Activity in Isolation Webinar: IAPT Service Support During COVID-19

Friday 24th April 2020, 12pm - 1pm LIVE webinar

[View further information](#)

[Register now](#)

Register your place today and you will receive a link and instructions for how to join us LIVE, when you can interact with the speaker, presentation and have your questions answered. Details for downloading the pre-recorded webinar will follow after the LIVE webinar has taken place.

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