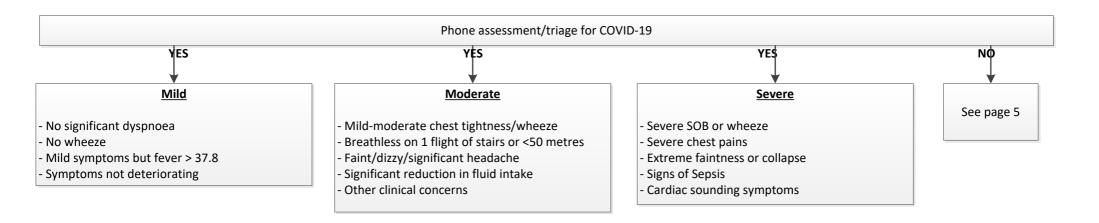
Phone Assessment (page 4)



- Date first symptoms
- Fever history highest temp so far; and current temp
- Cough history dry in COVID usually; sputum production can occur; if asthma ask re inhaler use
- 1) How's your breathing today? Listen for complete sentence
- 2a) Are you so breathless you can't speak more than a few words?
- 2b) Are you breathing harder/faster than usual when doing nothing at all?
- 2c) Are you so ill you've stopped doing all your daily activities?
- 3a) Is your breathing faster, slower or same as normal?
- 3b) What could you do yesterday that you can't do today?
- 3c) What makes you breathless now, that didn't yesterday?
- 4) Verbal report of blue lips or audible wheeze?

Consider Roth score to approximately assess sats (count 1-30 and time seconds between breaths: >8 sats >95%; <6 sats < 95%

ROS:

- Nasal congestion; conjunctival symptoms are unusual in COVID
- Flu & COVID-19 can present similarly but flu more likely bodyaches & COVID19 SOB
- D & nausea/vomiting uncommon
- Loss of appetite & anosmia (loss of smell) are common
- Comorbidities are present in 25% of cases